

# PRESS RELEASE



## **National Council on Alcoholism & Drug Dependence Honors Janina J. Kean, APRN, President & CEO, High Watch Recovery Center.**

Kent, CT – May 18, 2011

The National Council on Alcoholism & Drug Dependence of Westchester honors Janina J. Kean, APRN, President & CEO of High Watch Recovery Center, for her work in the field of recovery. She receives her award on Thursday, May 19<sup>th</sup>, at their annual fundraiser for youth education programs.

The NCADD was founded in 1944 by Marty Mann, a woman who also played a key role in the establishment of High Watch. Moved by this special honor, Ms Kean remarked, “Every day, I am humbled to be following in the footsteps of Marty Mann and her sponsor, Bill Wilson. High Watch’s culture of compassionate care, dignity and respect for all, is a tribute to them. We remain committed to saving lives and healing those who suffer. Education makes the difference. Only through education can we begin to remove the stigma surrounding drug and alcohol addiction.”

Since joining High Watch in 1998, Janina Kean has elevated the status of the facility, renown as the world’s first to use the 12 Step principles, by adding breakthrough customized medical treatment alongside the 12 Steps. A recognized leader in the field of recovery, Ms. Kean and has traveled all over - from China to Russia and into the public and private schools of Litchfield County - to educate the public and professional community about substance abuse. She can be heard every Tuesday morning on “*Sober Spotlight*,” offering advice to the community on NPR radio station WHDD.

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**HIGH WATCH RECOVERY CENTER, INC.**